

Elementary Check-in

May 2026



Elementary Check-in

Anglophone School District West

Number of Students: 3195

Date of Administration: May 2026

The Elementary Check-In (ECI) is a measure designed to provide a snapshot of Grade 4 and 5 students' perspectives related to the nature of well-being and relationships at school. By focusing on two core indices—the **Well-being Index** and the **Relationship Index**—the ECI offers actionable insights to help schools foster the development of positive learning environments.

The Well-Being and Relationship indices are presented on a six-point scale, where 1-2, 3-4, and 5-6 denote “**low**”, “**moderate**” or “**high**” outcomes respectively. Overall, higher aggregate outcomes provide evidence of key features associated with a positive learning environment inclusive of positive emotions related to school and learning, and the presence of positive relationship connections and social support at school.

Well-being Outcome: The results provide insights into the level of student well-being across the school, with scores categorized as low (1-2), moderate (3-4), or high (5-6). Higher scores highlight environments that effectively nurture students' psychological well-being.

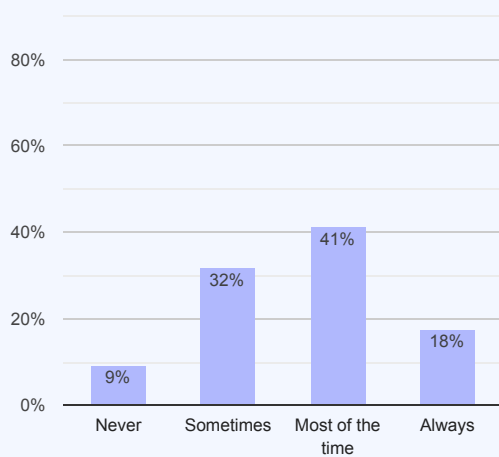
Relationship Outcome: The distribution of scores—low (1-2), moderate (3-4), or high (5-6)—helps identify the degree to which students feel connected, supported, and safe within their school environment. Higher scores signify stronger relational dynamics and a positive sense of community.

Each index is composed of rating scale questions that explore key aspects of students' well-being and relationships at school. On pages two and three of this report, a definition of each index is presented, followed by the distribution results for each question. The final page of this report provides a school-based provincial comparison of the distribution of results for each question.

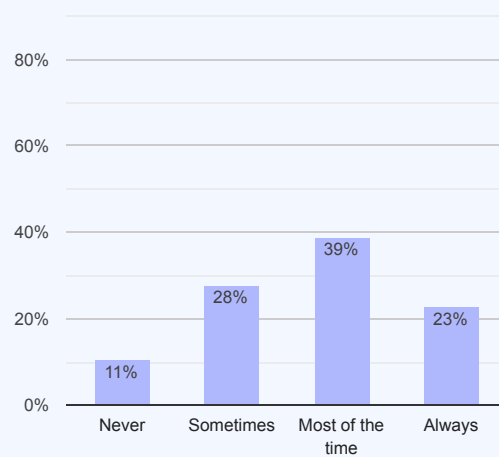
By using the insights provided by the ECI, schools can further enhance their understanding of student well-being and relationships. These results offer an opportunity to build on existing strengths and address areas for growth, helping to create a learning environment where students feel supported, connected, and ready to thrive.

The **Well-Being Index** measures the presence of positive emotions and feelings of engagement among students within the school environment. It explores their enjoyment of school, their enjoyment and interest in learning, and overall contentment while at school. This index reflects the extent to which students feel positively about their school experience, conveying a sense of belonging and motivation for learning.

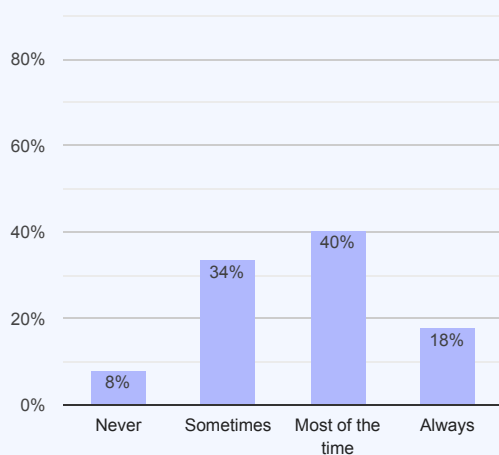
I enjoy being at school



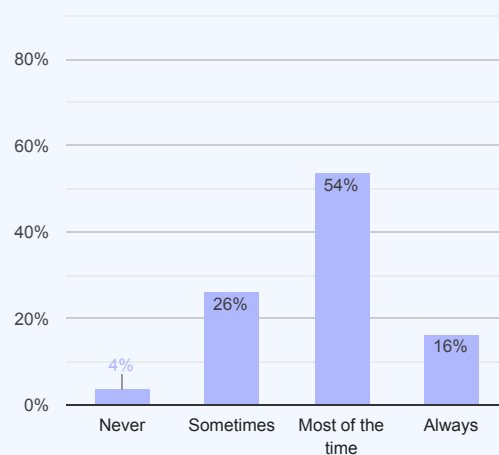
I enjoy learning at school



The things I learn in school are interesting to me

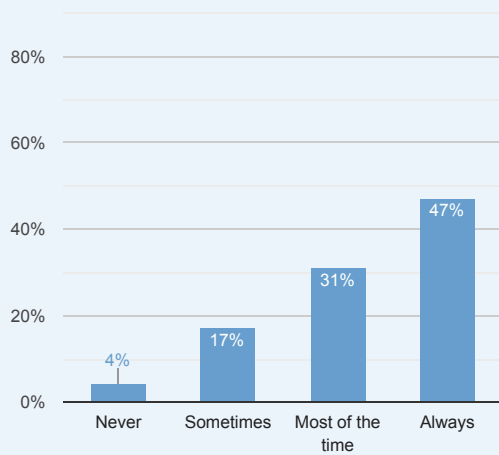


I feel happy at school

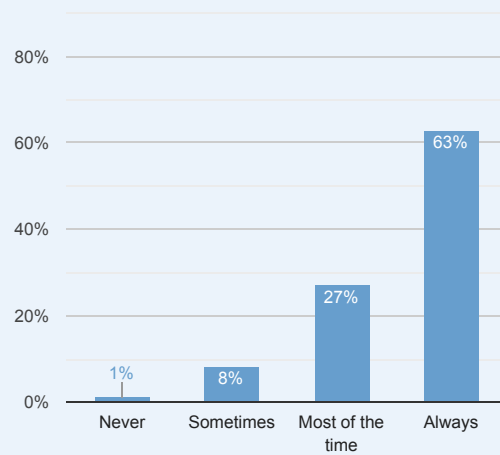


The **Relationship Index** evaluates the quality of connections and social interactions at school. It focuses on students' perceptions of care from adults, their perceived opportunities for seeking support when needed, their feelings of safety, as well as time spent with friends. This index represents the strength of supportive relationships that form the foundation of a healthy school community.

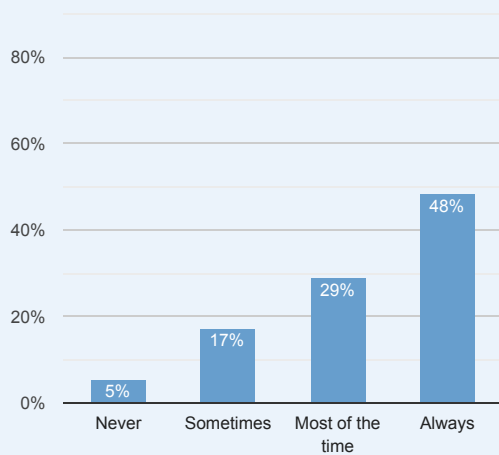
Adults at school care about my feelings



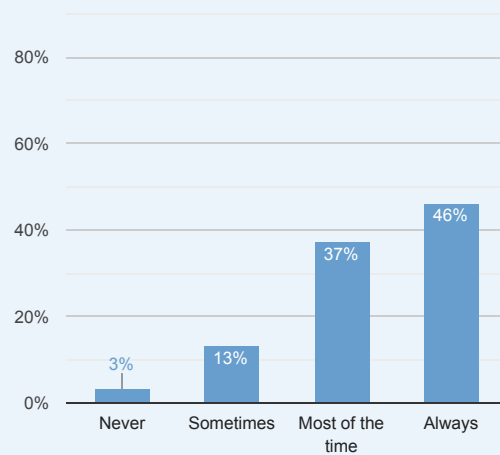
I spend time with friends at school



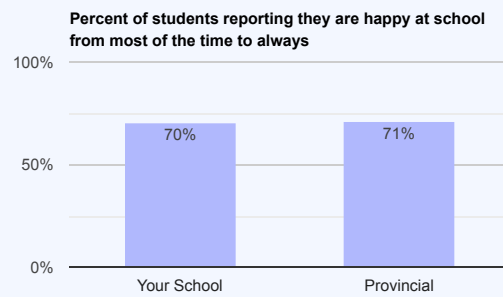
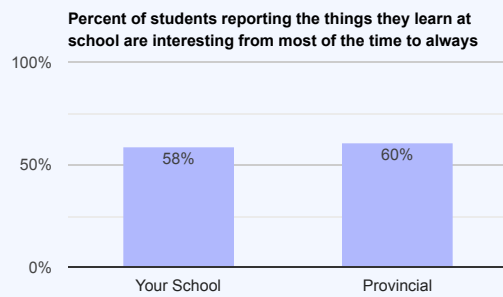
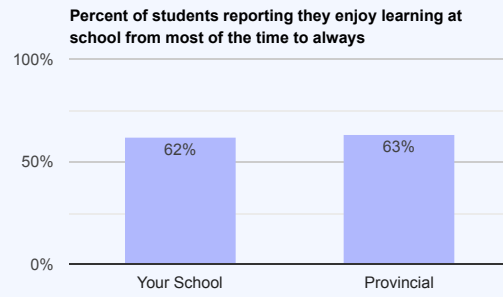
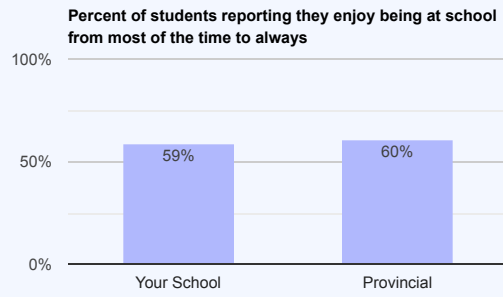
There is an adult at school I can go to when I have a problem



I feel safe at school



Well-Being Index



Relationship Index

