

Free programs and services for caregivers and children birth-5 years









## **Parent-Child Programs**

## Infant Massage

For parents and babies birth-12 months

Learn how to interact and communicate with your baby through the benefits of massage.

### **Baby Communicates**

For parents and children birth-24 months

Learn more about your child's first words and early communication. Join us as we play to encourage your child to communicate.

## Songs and Rhymes & Parent-Child Mother Goose

For parents and children birth-5 years

Help build your child's language and literacy skills by doing fun activities, songs/rhymes, crafts and stories.

#### First Words

For parents and children 18-36 months

Following a consultation, learn strategies to encourage language in everyday situations. Children learn to talk while they play and have fun.

## Talk and Read with Me

For parents and children 3-5 years

Following a consultation, learn strategies to build language and explore activities related to reading.

#### **Additional Services Offered**

#### CommunicAction

For parents/caregivers birth—5 years

Info session on language development, strategies to build language, literacy and more.

## Baby Chat

For prenatal parents

General information session for expecting parents.

### Spread the Word

for Educators

Professional learning series.

Speech and Language Consultations

Hearing Screenings

### **CONTACT US**

# Woodstock Office Covers Nackawic to Edmundston (English)

Phone: 1-866-423-8800

Facebook: Talk With Me Program—Woodstock
Email: talkwithmewoodstock@nbed.nb.ca

## Fredericton Office Covers Fredericton and surrounding areas (English)

Phone: 1-877-691-8800

Facebook: Talk With Me—Fredericton/

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Email: Talkwithmefredericton@nbed.nb.ca

## **Speech and Language Milestones**

If you answered "No" to 2 or more questions or if you have concerns,  $\,$  contact us.

Have your child's hearing assessed by calling: 1-833-928-2070

By 6-12 months, does your child	Yes	No
Enjoy games like peek-a-boo?		
Look at your eyes as you talk?		
Smile and laugh?		
Babble (bababa)?		
Startle to loud sounds?		
By 12 months, can your child	Yes	No
Understand their name and words like "up", "bye-bye"?		
Follow simple directions like "come here" and "sit down"?		
Use gestures such as "bye- bye", shakes head "no", reaches for "up"?		
Combines lots of sounds as though they are talking ("abada ba da")?		
Say their first word?		
Bring you toys to show you and/or play with?		
Looks across the room at something you point to?		
By 18 months, can your child	Yes	No
Understand words such as body parts?		
Understand simple directions or questions such as "where's your nose?", "get your hat"?		
Understand in/out, off/on?		
Make environmental sounds (animal noises, car noises)?		
Put sounds and words together that sound like sentences?		
Say about 20 words, though not all are clear?		
Use gestures like pointing, waving, reaching, sometimes paired with sounds or words?		

By 2 years, can your child	Yes	No
Be understood by people 50% of the time (words may not be complete, da for dog)?		
Follow simple 2-step directions ("get your boots and bring them to mom")?		
Point to pictures of common items when asked (such as "where's the dog")?		
Pick one thing out of a group of items, such as a cup?		
Say some 2-word sentences ("more juice")?		
Ask for and name most common objects?		
Ask simple questions ("what's that", "where daddy go")?		
Use "me" instead of their name when referring to self?		
By 3 years, does your child	Yes	No
Follow 2-step directions ("get your bear and		
put it in the bed")?		
put it in the bed")?  Understand many concepts such as location (in, under) and description (hot, big) words?		
Understand many concepts such as location		
Understand many concepts such as location (in, under) and description (hot, big) words?  Listen to stories and answer questions about		
Understand many concepts such as location (in, under) and description (hot, big) words?  Listen to stories and answer questions about it?		
Understand many concepts such as location (in, under) and description (hot, big) words?  Listen to stories and answer questions about it?  Ask and answer more types of questions?  Use many words to name objects, people		
Understand many concepts such as location (in, under) and description (hot, big) words?  Listen to stories and answer questions about it?  Ask and answer more types of questions?  Use many words to name objects, people and places in their environment?  Speak in short sentences made of 3+		
Understand many concepts such as location (in, under) and description (hot, big) words?  Listen to stories and answer questions about it?  Ask and answer more types of questions?  Use many words to name objects, people and places in their environment?  Speak in short sentences made of 3+ words?  Begin to add endings to words like "running"		

If your child is 4, can they	Yes	No
Follow 3-step directions ("go to your room, get your shoes and bring them to me")?		
Use long sentences (4 to 6 words with only a few grammar errors)?		
Answer questions about a book?		
Be understood most of the time by people outside of immediate family?		
Ask many questions (who, what, where, when, why)?		
Give directions to others?		
Talk about things they have done in the past?		
Tell stories with a beginning, middle and end?		
Tell you what they are feeling ("I'm tired", "I'm mad")?		
Recognize rhyming words and makes up simple rhymes ("cat-bat")?		
If your child is 5, can they	Yes	No
Understand directions involving "ifthen" (ex: "if you're wearing sneakers, then line up for the gym")?		
Speak in sentences (similar to adults but with a few grammar errors)?		
Be understood almost all the time AND use most sounds correctly (exceptions: v, l, r, th or blends like br, pl, sk)?		
Describe objects and events?		
Talk about things in the past?		
Recognize familiar signs such as "Stop"?		
Identify some initial sounds in words (eg. "S" makes the /s/ sound. "s-s-s-un")?		