



LEARNING THROUGH PLAY



Summer Activities

Calendars Grades K-5

- Kindergarten
- Grade 1
- Grade 2
- Grade 1-2 FI (Fr. / Eng.)
- Grade 3
- Grade 4
- Grade 5
- Grade 3-5 FI (Fr. / Eng.)

Choice Boards Grades 6-8

- FILA
- First Nations
- Literacy
- Phys. Ed.
- Mindfulness
- Numeracy
- Science



LEARNING THROUGH PLAY



Summer Activities for Kindergarten

JULY & AUGUST 2022

**Check the box each time you complete an activity*

<input type="checkbox"/> <input type="checkbox"/> 1 Have someone call out a number (1-10). You say the number before and after.	<input type="checkbox"/> <input type="checkbox"/> 2 Create an imaginary animal. Tell someone about your animal and have them draw or tell you about it afterwards.	<input type="checkbox"/> <input type="checkbox"/> 3 Hop on 1 foot and count to 10. How many tries did it take?	<input type="checkbox"/> <input type="checkbox"/> 4 Choose two of your favorite snacks (or books, toys, animals, sports, games) to compare. How are they alike and how are they different?	<input type="checkbox"/> <input type="checkbox"/> 5 Count backwards from 10 to 1.	<input type="checkbox"/> <input type="checkbox"/> 6 Use your toys to act out a book that you have read or a show you have watched. Will you change the ending or keep it the same?	<input type="checkbox"/> <input type="checkbox"/> 7 Create a set of something (legos, rocks, stuffies, blocks, shoes, anything!) that has fewer than 9.
<input type="checkbox"/> <input type="checkbox"/> 8 Find the lyrics to one of your favourite songs. Read the lyrics of the song together with a family member. Sing the song for someone!	<input type="checkbox"/> <input type="checkbox"/> 9 Create a set of something (Legos, rocks, stuffies, blocks, shoes, anything!) that has more than 3.	<input type="checkbox"/> <input type="checkbox"/> 10 Count and tally all the windows in your house.	<input type="checkbox"/> <input type="checkbox"/> 11 Have your child investigate things that interest them. Ask your child questions about the item.	<input type="checkbox"/> <input type="checkbox"/> 12 Find 5 Things that are green.	<input type="checkbox"/> <input type="checkbox"/> 13 Help set the table tell someone in your family how many plates, spoons, forks, napkins, you will need.	<input type="checkbox"/> <input type="checkbox"/> 14 Write a Thank You card to the Earth. Be sure to thank the Earth for all the wonderful things it provides to humans and animals.
<input type="checkbox"/> <input type="checkbox"/> 15 Write all the colour words you can think of or see where you are currently.	<input type="checkbox"/> <input type="checkbox"/> 16 Make an AABB pattern by clapping and patting your hands on your lap.	<input type="checkbox"/> <input type="checkbox"/> 17 Ask someone to read you a story.	<input type="checkbox"/> <input type="checkbox"/> 18 Create a list of wonder questions. Who can you ask to help you find the answers?	<input type="checkbox"/> <input type="checkbox"/> 19 Read a book and tell someone about the beginning, middle, and end.	<input type="checkbox"/> <input type="checkbox"/> 20 Do a talent show with your friends or family.	<input type="checkbox"/> <input type="checkbox"/> 21 Play a card game.
<input type="checkbox"/> <input type="checkbox"/> 22 Go outside and find a tree, bush, or flower. Then make up a story about something that lives in that tree, bush, or flower.	<input type="checkbox"/> <input type="checkbox"/> 23 Help with the laundry, look for and describing patterns found on socks, shirts, etc.	<input type="checkbox"/> <input type="checkbox"/> 24 Have a picnic in your backyard, park, or on your living room floor.	<input type="checkbox"/> <input type="checkbox"/> 25 Listen to music and see if you can copy the beat of a song.	<input type="checkbox"/> <input type="checkbox"/> 26 Write the numbers 0-10 outside with chalk on the sidewalk or driveway.	<input type="checkbox"/> <input type="checkbox"/> 27 Hide something and give someone in your house clues to find it.	<input type="checkbox"/> <input type="checkbox"/> 28 Ask a family member to create or draw a repeating family so you can guess the pattern rule!
<input type="checkbox"/> <input type="checkbox"/> 29 Read a book to a stuffed animal.	<input type="checkbox"/> <input type="checkbox"/> 30 Make nature designs and pictures with leaves, rocks, flowers, and sticks.	<input type="checkbox"/> <input type="checkbox"/> 31 Write a note to a family member.				

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LEARNING THROUGH PLAY



Summer Activities for Grade 1

JULY & AUGUST 2022

**Check the box each time you complete an activity*

<input type="checkbox"/> <input type="checkbox"/> 1 Find 5 things that begin with letter "m".	<input type="checkbox"/> <input type="checkbox"/> 2 Write the name of an animal for each letter of the alphabet.	<input type="checkbox"/> <input type="checkbox"/> 3 Find 5 rectangles and 5 triangles.	<input type="checkbox"/> <input type="checkbox"/> 4 Write your first name, last name, and address.	<input type="checkbox"/> <input type="checkbox"/> 5 Write from 0 to 20 outside with chalk on the driveway or sidewalk.	<input type="checkbox"/> <input type="checkbox"/> 6 Help your parents by writing down the grocery list for them.	<input type="checkbox"/> <input type="checkbox"/> 7 Make a list of 10 words to describe your bedroom.
<input type="checkbox"/> <input type="checkbox"/> 8 Hop down the driveway. How many hops does it take?	<input type="checkbox"/> <input type="checkbox"/> 9 What is your favorite animal? Why? Write 4 sentences about it.	<input type="checkbox"/> <input type="checkbox"/> 10 Write a story about playing outside. It can be true or made up.	<input type="checkbox"/> <input type="checkbox"/> 11 Write your phone number and your birthday date 5 times each.	<input type="checkbox"/> <input type="checkbox"/> 12 Make 3 different patterns with at least 10 different shapes in them.	<input type="checkbox"/> <input type="checkbox"/> 13 Read a book to a stuffed animal.	<input type="checkbox"/> <input type="checkbox"/> 14 Write 4 sentences about your favorite place and draw a picture.
<input type="checkbox"/> <input type="checkbox"/> 15 Find 7 things that begin with the letter P.	<input type="checkbox"/> <input type="checkbox"/> 16 Who is the tallest in your family? Who is the shortest?	<input type="checkbox"/> <input type="checkbox"/> 17 Sing the months of the year.	<input type="checkbox"/> <input type="checkbox"/> 18 Turn on the radio and dance.	<input type="checkbox"/> <input type="checkbox"/> 19 Practice tying your shoes.	<input type="checkbox"/> <input type="checkbox"/> 20 Ask someone to read you a story.	<input type="checkbox"/> <input type="checkbox"/> 21 Tell someone a joke.
<input type="checkbox"/> <input type="checkbox"/> 22 Find 7 things that are green.	<input type="checkbox"/> <input type="checkbox"/> 23 Think of 5 words that rhyme with cat.	<input type="checkbox"/> <input type="checkbox"/> 24 Count backwards from 20 to 1.	<input type="checkbox"/> <input type="checkbox"/> 25 Watch the clouds. Do they look like animals?	<input type="checkbox"/> <input type="checkbox"/> 26 Pick 3 sight words that you know. Write a sentence for each.	<input type="checkbox"/> <input type="checkbox"/> 27 Draw a picture using circles, triangles, rectangles, and squares.	<input type="checkbox"/> <input type="checkbox"/> 28 Write 3 words with the "oo" team (like moon) and 3 with the "oo" (like look).
<input type="checkbox"/> <input type="checkbox"/> 29 Have someone call out the number from 1 to 20 and you say the number before and after that number.	<input type="checkbox"/> <input type="checkbox"/> 30 Skip around your house. How many skips does it take?	<input type="checkbox"/> <input type="checkbox"/> 31 Write about something you did this weekend.				

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LEARNING THROUGH PLAY



Summer Activities for Grade 2

JULY & AUGUST 2022

**Check the box each time you complete an activity*

<input type="checkbox"/> <input type="checkbox"/> 1 Where is your favourite place to go? Write 4 sentences about the place and draw a picture of the place.	<input type="checkbox"/> <input type="checkbox"/> 2 Bring paints outside and search for a beautiful flower or scene. Paint the flower or scene.	<input type="checkbox"/> <input type="checkbox"/> 3 Write a story about the most exciting summer you ever had. What did you do?	<input type="checkbox"/> <input type="checkbox"/> 4 Watch an episode of your favourite TV with the closed captioning on and turn off the sound.	<input type="checkbox"/> <input type="checkbox"/> 5 Gather rocks around your dooryard. Paint them with animals, symbols, or positive words.	<input type="checkbox"/> <input type="checkbox"/> 6 Write a story about a memory you will never forget.	<input type="checkbox"/> <input type="checkbox"/> 7 Plan a trip with to take during the summer. Make a list of the items you will need to bring and who will gather/prepare the item.
<input type="checkbox"/> <input type="checkbox"/> 8 Create an imaginary animal. Draw a picture and write 4 sentences about the animal.	<input type="checkbox"/> <input type="checkbox"/> 9 Have someone call out a number between 1 and 100 and you say the number before and after that number.	<input type="checkbox"/> <input type="checkbox"/> 10 Read a book to someone and draw a picture about your favourite part of the book.	<input type="checkbox"/> <input type="checkbox"/> 11 Create a journal to write and store your daily experiences.	<input type="checkbox"/> <input type="checkbox"/> 12 Write a story about the job you hope to have someday.	<input type="checkbox"/> <input type="checkbox"/> 13 Help a family member with writing the grocery list for this week.	<input type="checkbox"/> <input type="checkbox"/> 14 Draw or colour with a family member or friend.
<input type="checkbox"/> <input type="checkbox"/> 15 Read for 15 minutes without stopping.	<input type="checkbox"/> <input type="checkbox"/> 16 Help with a making a meal by reading or following the recipe and setting the table.	<input type="checkbox"/> <input type="checkbox"/> 17 Go to the park. Bring a tape measure to measure items at the park and compare the lengths. What is longer, shorter, or the same.	<input type="checkbox"/> <input type="checkbox"/> 18 Write about school. What is your favourite thing to do during the day?	<input type="checkbox"/> <input type="checkbox"/> 19 How many ways can you make a dollar by using nickels, quarters, and/or dimes.	<input type="checkbox"/> <input type="checkbox"/> 20 Write a letter to a friend telling them about your summer vacation.	<input type="checkbox"/> <input type="checkbox"/> 21 Make 3 different patterns with at least 10 shapes in each pattern.
<input type="checkbox"/> <input type="checkbox"/> 22 Act out a story, show, or scene from a movie you have recently read or watched.	<input type="checkbox"/> <input type="checkbox"/> 23 Draw a self portrait.	<input type="checkbox"/> <input type="checkbox"/> 24 Read to a sibling or other member of your family with a flashlight.	<input type="checkbox"/> <input type="checkbox"/> 25 Search and find 10 things that begin with the letter S.	<input type="checkbox"/> <input type="checkbox"/> 26 Create a picture story of a summer adventure. Share with the story with someone who did not attend.	<input type="checkbox"/> <input type="checkbox"/> 27 Read a book to your favourite stuffy.	<input type="checkbox"/> <input type="checkbox"/> 28 Write your first name, last name, and address.
<input type="checkbox"/> <input type="checkbox"/> 29 Write a story about playing outside.	<input type="checkbox"/> <input type="checkbox"/> 30 Measure the height of each member of your family. If it is the second time has there been a change?	<input type="checkbox"/> <input type="checkbox"/> 31 Go for a bike ride and see how many shapes you can find on your ride.				

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LEARNING THROUGH PLAY



Summer Activities for Grade 1-2 FI

JULY & AUGUST 2022

**Check the box each time you complete an activity*

<input type="checkbox"/> <input type="checkbox"/> 1 Nomme les lettres de l'alphabet en ordre de A-Z.	<input type="checkbox"/> <input type="checkbox"/> 2 Nomme ou chante les jours de la semaine.	<input type="checkbox"/> <input type="checkbox"/> 3 Chante une de tes chansons préférées en français. Ton choix !	<input type="checkbox"/> <input type="checkbox"/> 4 Lis ou raconte une histoire à un membre de ta famille, un ami ou un animal en peluche.	<input type="checkbox"/> <input type="checkbox"/> 5 Écoute/lis une histoire en utilisant le programme Je lis, je lis, Boukili, SORA, etc.	<input type="checkbox"/> <input type="checkbox"/> 6 Écoute une vidéo ou une émission en utilisant IDÉLLO/Mini-TFO.	<input type="checkbox"/> <input type="checkbox"/> 7 Réponds et poser des questions.
<input type="checkbox"/> <input type="checkbox"/> 8 Partage 3-5 mots préférés en français avec un membre de ta famille, un ami ou un animal en peluche. Utilise le mot dans une phrase si tu peux.	<input type="checkbox"/> <input type="checkbox"/> 9 Crée une petite pièce de théâtre en français en utilisant des marionnettes ou des animaux en peluche.	<input type="checkbox"/> <input type="checkbox"/> 10 Dessine et colorie/Crée un animal de ton choix et décris-le.	<input type="checkbox"/> <input type="checkbox"/> 11 Crée une liste d'épicerie de ta nourriture préférée et partage-la avec un membre de ta famille. Aide ta famille à magasiner et nomme la nourriture en français.	<input type="checkbox"/> <input type="checkbox"/> 12 Écris une liste de mots en français. Ton choix!	<input type="checkbox"/> <input type="checkbox"/> 13 Crée et partage un bulletin météo en français.	<input type="checkbox"/> <input type="checkbox"/> 14 Dessine ou prépare ta collation idéale et décris-la.
<input type="checkbox"/> <input type="checkbox"/> 15 Fais une randonnée avec un adulte et nomme les choses que tu vois en français.	<input type="checkbox"/> <input type="checkbox"/> 16 Joue le jeu « Je vois avec mon petit œil... ».	<input type="checkbox"/> <input type="checkbox"/> 17 Ton nounours va à l'école pour la journée. Organise son sac d'école et nomme, en français, les choses qu'il va apporter avec lui.	<input type="checkbox"/> <input type="checkbox"/> 18 Choisis une lettre de l'alphabet. Nomme des mots qui commencent par cette lettre.	<input type="checkbox"/> <input type="checkbox"/> 19 Choisis 5 animaux. Nomme les animaux en français et tape le nombre de syllabes.	<input type="checkbox"/> <input type="checkbox"/> 20 Choisis une photo ou une image. Crée des phrases au sujet de ce que tu vois.	<input type="checkbox"/> <input type="checkbox"/> 21 Téléphone à un ami de la classe ou un membre de la famille/un ami et participe à une petite conversation en français.
<input type="checkbox"/> <input type="checkbox"/> 22 Saute autour d'une salle dans ta maison. Combien de sauts est-ce que cela a pris ?	<input type="checkbox"/> <input type="checkbox"/> 23 Dessine un dessin en utilisant des cercles, des triangles, des rectangles et des carrés.	<input type="checkbox"/> <input type="checkbox"/> 24 Écoute une chanson en français et danse.	<input type="checkbox"/> <input type="checkbox"/> 25 Écris les nombres de 1 jusqu'à 100.	<input type="checkbox"/> <input type="checkbox"/> 26 Trouve 5 rectangles et 5 triangles.	<input type="checkbox"/> <input type="checkbox"/> 27 Jouer « Simon dit ».	<input type="checkbox"/> <input type="checkbox"/> 28 Présente un membre de ta famille à un autre membre de ta famille ou un animal en peluche.
<input type="checkbox"/> <input type="checkbox"/> 29 Fais une recette avec un membre de ta famille. Partage les mots que tu sais en français.	<input type="checkbox"/> <input type="checkbox"/> 30 Cache des objets dans un sac ou un contenant. Choisis un objet et nomme-le en français. Décris l'objet.	<input type="checkbox"/> <input type="checkbox"/> 31 Mime les actions de ta routine et nomme-les en français.				

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LEARNING THROUGH PLAY



Summer Activities for Grade 1-2 FI

JULY & AUGUST 2022

**English Translation*

**Check the box each time you complete an activity*

<input type="checkbox"/> <input type="checkbox"/> 1 Name the letters of the alphabet in order from A-Z.	<input type="checkbox"/> <input type="checkbox"/> 2 Name or sing the days of the week.	<input type="checkbox"/> <input type="checkbox"/> 3 Sing one of your favorite songs in French. Your choice!	<input type="checkbox"/> <input type="checkbox"/> 4 Read or share a story with a member of your family, a friend, or a stuffed animal.	<input type="checkbox"/> <input type="checkbox"/> 5 Listen to or read a story using the program Je lis, je lis, SORA etc.	<input type="checkbox"/> <input type="checkbox"/> 6 Listen to a video or a show on IDÉLLO/Mini-TFO.	<input type="checkbox"/> <input type="checkbox"/> 7 Answer and ask simple questions.
<input type="checkbox"/> <input type="checkbox"/> 8 Share 3-5 of your favorite words in French with a member of your family, a friend, or a stuffed animal. Use the words in a sentence if you can.	<input type="checkbox"/> <input type="checkbox"/> 9 Create a short theatre play in French using puppets or stuffed animals.	<input type="checkbox"/> <input type="checkbox"/> 10 Draw and color/Create an animal of your choice and describe it.	<input type="checkbox"/> <input type="checkbox"/> 11 Create a grocery list in French of some of your favorite foods and share with a member of your family. Help your family shop for the grocery items and name them in French.	<input type="checkbox"/> <input type="checkbox"/> 12 Write a list of words you know in French. Your choice!	<input type="checkbox"/> <input type="checkbox"/> 13 Create and share a short weather report in French.	<input type="checkbox"/> <input type="checkbox"/> 14 Draw or prepare your favorite snack and describe it.
<input type="checkbox"/> <input type="checkbox"/> 15 Go on a walk with an adult and name items you see in French.	<input type="checkbox"/> <input type="checkbox"/> 16 Play « Je vois avec mon petit œil/ I spy with my little eye...".	<input type="checkbox"/> <input type="checkbox"/> 17 Your stuffed animal is going to school for a day. Pack their backpack and name in French what they will take with them.	<input type="checkbox"/> <input type="checkbox"/> 18 Choose a letter of the alphabet. Name as many items as you can that start in French with that letter.	<input type="checkbox"/> <input type="checkbox"/> 19 Choose 5 animals. Name the animals in French while clapping the number of syllables.	<input type="checkbox"/> <input type="checkbox"/> 20 Choose a picture or an image. Create sentences in French about what you see.	<input type="checkbox"/> <input type="checkbox"/> 21 Call a classmate, a family member/friend, with your parent's permission, and have a short conversation in French.
<input type="checkbox"/> <input type="checkbox"/> 22 Skip around a room in your house. How many skips does it take?	<input type="checkbox"/> <input type="checkbox"/> 23 Draw a picture using circles, triangles, rectangles, and squares.	<input type="checkbox"/> <input type="checkbox"/> 24 Listen to a French song and dance.	<input type="checkbox"/> <input type="checkbox"/> 25 Write the numbers 1-100.	<input type="checkbox"/> <input type="checkbox"/> 26 Find 5 rectangles and 5 triangles.	<input type="checkbox"/> <input type="checkbox"/> 27 Play "Simon dit /Simon says."	<input type="checkbox"/> <input type="checkbox"/> 28 Present a member of your family to another family member or a stuffed animal.
<input type="checkbox"/> <input type="checkbox"/> 29 Complete a recipe with a member of your family and share the words you know in French.	<input type="checkbox"/> <input type="checkbox"/> 30 Hide objects in a bag or container. Choose one without looking and name the item in French. Describe the object if you can.	<input type="checkbox"/> <input type="checkbox"/> 31 Mime the actions of your daily routine and name them in French.				

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LEARNING THROUGH PLAY



Summer Activities for Grade 3

JULY & AUGUST 2022

**Check the box each time you complete an activity*

<input type="checkbox"/> <input type="checkbox"/> 1 Go for a bike ride. When you return write a story explaining where you went and what you saw on your trip.	<input type="checkbox"/> <input type="checkbox"/> 2 Gather medium sized rocks around your dooryard. Paint messages or pictures on the rocks. Go for a walk and place the rocks around your neighborhood.	<input type="checkbox"/> <input type="checkbox"/> 3 Share some positive words or an encouraging quote. Create a window poster where these words can be displayed for those driving or walking by your home.	<input type="checkbox"/> <input type="checkbox"/> 4 Grab a deck of cards. Flip a card and move that many times. You can hop, stretch, jump, spin, or skip.	<input type="checkbox"/> <input type="checkbox"/> 5 Create "A Choose Your Own Adventure" or mystery story.	<input type="checkbox"/> <input type="checkbox"/> 6 Create a journal to write and store your daily experiences.	<input type="checkbox"/> <input type="checkbox"/> 7 Create an "I am..." poem or any poem of your choice.
<input type="checkbox"/> <input type="checkbox"/> 8 Create a wonder list. What do you wonder about? What questions make you curious? Write down your wonderings and explore with your family.	<input type="checkbox"/> <input type="checkbox"/> 9 Skip count, start at 450, count backwards by 25s to 250	<input type="checkbox"/> <input type="checkbox"/> 10 Do you prefer playing indoors or outdoors? Make a pros and cons list. Write for 5 minutes without stopping about why one is better than the other.	<input type="checkbox"/> <input type="checkbox"/> 11 Think about a book you read or a show you watched. If you could have a conversation with one of the characters, what would you like to know? Write down 5 questions you would ask this character.	<input type="checkbox"/> <input type="checkbox"/> 12 Explore the yard for a flower. Guess how many petals it has then count them to find out how close you were to the correct amount.	<input type="checkbox"/> <input type="checkbox"/> 13 Choose 3 different numbers between 0 and 9. How many 3-digit numbers can you create? Choose two of your numbers to add or two of them to subtract.	<input type="checkbox"/> <input type="checkbox"/> 14 Using items around your home, design and create your own board game. Play the game with friends or family.
<input type="checkbox"/> <input type="checkbox"/> 15 Make a list of interesting words you notice while reading. If you do not know a word, ask someone. Try using some of these words in your writing this week.	<input type="checkbox"/> <input type="checkbox"/> 16 Share some positive words or an encouraging quote.	<input type="checkbox"/> <input type="checkbox"/> 17 Find a few riddles or jokes to share with a family member.	<input type="checkbox"/> <input type="checkbox"/> 18 If you could go back and relive a day from the past, what day would you choose? Write down your reasoning explaining why you chose that day.	<input type="checkbox"/> <input type="checkbox"/> 19 Create a book with a sibling or a parent. Decide together who the main character of your story will be and what adventures they will go on. Take turns adding illustrations and words to your book.	<input type="checkbox"/> <input type="checkbox"/> 20 Draw a hopscotch on the ground with chalk or mark it with tape and play hopscotch.	<input type="checkbox"/> <input type="checkbox"/> 21 Estimate how many jumping jacks you can do in one minute. Set a timer and count how many you do! Now challenge someone else in your family to try!
<input type="checkbox"/> <input type="checkbox"/> 22 At the end of the day, set a timer for 5 minutes. How many things can you pick up around your house? Count them as you clean up!	<input type="checkbox"/> <input type="checkbox"/> 23 Describe to someone or write down what would be the most impressive tree house you can imagine.	<input type="checkbox"/> <input type="checkbox"/> 24 Design an award for each family member. Think of their strengths or areas they have worked hard to improve. Present the awards at a family award ceremony.	<input type="checkbox"/> <input type="checkbox"/> 25 If you could excel at any sport, what would it be and why? Write a letter to a friend explaining why you chose that sport.	<input type="checkbox"/> <input type="checkbox"/> 26 Choose a box of cereal from your cupboard. Look at the pictures and read the headings and information displayed. Does this cereal box convince you to want to try it? Tell or write about your opinion and why you think that.	<input type="checkbox"/> <input type="checkbox"/> 27 Create an "I am..." poem or any poem of your choice.	<input type="checkbox"/> <input type="checkbox"/> 28 Set a timer for 10 minutes. Imagine you have 10 coins in your pocket. Make a list of all the different amounts of money you could possibly have in your pocket.
<input type="checkbox"/> <input type="checkbox"/> 29 Ask for an empty cereal box, shoe box, tissue box or another rectangular prism. Measure and record the length, width, and height of the object using both the number and unit.	<input type="checkbox"/> <input type="checkbox"/> 30 Trace the an 8 with your finger starting at in the middle and take a deep breath in. As you cross over to the other side of the 8, slowly let your breath out. Repeat several times.	<input type="checkbox"/> <input type="checkbox"/> 31 Reimagine your "want" list. List and share all the ways you "want" to help others.				

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LEARNING THROUGH PLAY



Summer Activities for Grade 4

JULY & AUGUST 2022

*Check the box each time you complete an activity

<input type="checkbox"/> <input type="checkbox"/> 1 Design a new cover for the last book you read.	<input type="checkbox"/> <input type="checkbox"/> 2 Help to bake with a family member. Read the ingredients and help with the measuring of ingredients.	<input type="checkbox"/> <input type="checkbox"/> 3 Sit with a calendar and plan out your week of activities and everyday jobs.	<input type="checkbox"/> <input type="checkbox"/> 4 You have 8 coins. Half of them are dimes, one eighth are quarters and the rest are nickels. What coins do you have and how much money in all?	<input type="checkbox"/> <input type="checkbox"/> 5 Have a conversation with someone about a topic of your choice. Aim for at least five back and forth exchanges. Try to avoid yes/no questions. Try instead, "Tell me more about...", "I wonder why...?", "Why do you think/feel that way?"	<input type="checkbox"/> <input type="checkbox"/> 6 Read a story. Write a new ending or add to the ending that is already there.	<input type="checkbox"/> <input type="checkbox"/> 7 Visit the local library or community lending library and take out a new book.
<input type="checkbox"/> <input type="checkbox"/> 8 Begin a journal of your daily events and activities.	<input type="checkbox"/> <input type="checkbox"/> 9 Fold a piece of paper in half. Draw half of a picture on one side. Then, make the other side it's mirror image (make it symmetrical).	<input type="checkbox"/> <input type="checkbox"/> 10 Play a board game or do a puzzle.	<input type="checkbox"/> <input type="checkbox"/> 11 Create a secret code with a friend or family member and write secret messages.	<input type="checkbox"/> <input type="checkbox"/> 12 Find a collection of items in your house. How can you arrange that collection into different arrays? (Arranging in rows and columns.)	<input type="checkbox"/> <input type="checkbox"/> 13 Perform a random act of kindness in your home.	<input type="checkbox"/> <input type="checkbox"/> 14 Write a fractured fairytale. Retell a familiar fairy tale with a new spin on the plot. (Ex: 3 Little Pigs, The Gingerbread Man, Beauty and the Beast)
<input type="checkbox"/> <input type="checkbox"/> 15 Create a family time capsule and choose a location to bury it in your yard.	<input type="checkbox"/> <input type="checkbox"/> 16 Write a number less than 5000 that uses only three words.	<input type="checkbox"/> <input type="checkbox"/> 17 Read to a sibling for 20 minutes.	<input type="checkbox"/> <input type="checkbox"/> 18 Visit an elderly relative.	<input type="checkbox"/> <input type="checkbox"/> 19 Do a science experiment.	<input type="checkbox"/> <input type="checkbox"/> 20 Gather medium sized rocks around your dooryard. Paint messages or pictures on the rocks. Go for a walk and place the rocks around your neighborhood.	<input type="checkbox"/> <input type="checkbox"/> 21 Take a piece of paper and fold it in half. Label each half. Then fold it in half again. What happens? Can you label the parts? Fold it in half again. What happens? Can you label the parts now?
<input type="checkbox"/> <input type="checkbox"/> 22 Estimate the number of steps to get to the end of your driveway. Record it, then walk and count. How close were you to your estimate? What unit would you use to measure?	<input type="checkbox"/> <input type="checkbox"/> 23 Set a timer and see how long it takes you to get dressed. Now cut the time in half. Can you get dressed in that amount of time? CHALLENGE: Can you get yourself dressed in a fourth of the time?	<input type="checkbox"/> <input type="checkbox"/> 24 Choose three different times of the day to look out your bedroom window. Record the time and what you notice. What is different? What is the same?	<input type="checkbox"/> <input type="checkbox"/> 25 Go for a bike ride. When you return write a story explaining where you went and what you saw on your trip.	<input type="checkbox"/> <input type="checkbox"/> 26 Find 10 interesting facts about a topic of interest.	<input type="checkbox"/> <input type="checkbox"/> 27 Tell a story at supper time.	<input type="checkbox"/> <input type="checkbox"/> 28 Create and test a new healthy smoothie recipe.
<input type="checkbox"/> <input type="checkbox"/> 29 Think of a summer moment with a special person and the place. Create a storyboard with 5-6 panels using stick figures. Sketching helps you remember details.	<input type="checkbox"/> <input type="checkbox"/> 30 Take a walk around your house. Do you see fractions anywhere? (Windows are a great place to start). Make a list of other fractions you see. Try to draw a picture and label each fraction.	<input type="checkbox"/> <input type="checkbox"/> 31 Fix something in your household or dooryard.				

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LEARNING THROUGH PLAY



Summer Activities for Grade 5

JULY & AUGUST 2022

**Check the box each time you complete an activity*

<input type="checkbox"/> <input type="checkbox"/> 1 Choose a book you have read. Reread it. Design a new book cover representing what the book is about.	<input type="checkbox"/> <input type="checkbox"/> 2 Create a comic strip using three people in your home as characters. Make sure your comic has a beginning, middle, and end.	<input type="checkbox"/> <input type="checkbox"/> 3 Which fraction is greater two fifths or two eighths? Explain your answer to someone in your household.	<input type="checkbox"/> <input type="checkbox"/> 4 Begin writing a journal to reflect on the events of your day, what did you see or do and how you feel.	<input type="checkbox"/> <input type="checkbox"/> 5 Generate a list of interview questions to help you make a timeline of your life or the life of someone important to you. Decide how to organize the timeline with pictures and words.	<input type="checkbox"/> <input type="checkbox"/> 6 Using an ink pad or paint. Gather the fingerprints of each of the members in your house and compare.	<input type="checkbox"/> <input type="checkbox"/> 7 Help someone cook in your household by reading a recipe to them as they are cooking.
<input type="checkbox"/> <input type="checkbox"/> 8 Explore your backyard with a magnifying glass. Make a list of the items you could see with your eyes and those you could only see with the magnifying glass.	<input type="checkbox"/> <input type="checkbox"/> 9 Begin your own garden. Design and create a space in your yard where you can grow vegetables, or flowers.	<input type="checkbox"/> <input type="checkbox"/> 10 Visit an art gallery or museum.	<input type="checkbox"/> <input type="checkbox"/> 11 Plan your weekly lunch menu. Make a grocery list that includes all the items you would need for the week. Don't forget to keep Canada's Food Guide in mind	<input type="checkbox"/> <input type="checkbox"/> 12 Look at a flyer, online or in the mail. Pick 5 items that you think your home needs. How much would it cost to buy one of each item? How much would it cost to buy two of each item?	<input type="checkbox"/> <input type="checkbox"/> 13 Choose a photo and tell or write a story that matches the photo.	<input type="checkbox"/> <input type="checkbox"/> 14 Visit the local library and choose a book to bring home
<input type="checkbox"/> <input type="checkbox"/> 15 Interview a relative or a neighbour about a historical event that they lived through.	<input type="checkbox"/> <input type="checkbox"/> 16 Make a movie about a day in your life.	<input type="checkbox"/> <input type="checkbox"/> 17 Do you prefer playing indoors or outdoors? Make a pros and cons list. Write for 10 minutes without stopping about why one is better than the other.	<input type="checkbox"/> <input type="checkbox"/> 18 Complete a jigsaw puzzle.	<input type="checkbox"/> <input type="checkbox"/> 19 Watch a news program and explore a current issue. Have a conversation with an adult about questions that come up when watching.	<input type="checkbox"/> <input type="checkbox"/> 20 Create a wonder list. What do you wonder about? What questions make you curious? Write down your wonderings and explore with your family.	<input type="checkbox"/> <input type="checkbox"/> 21 Create a family time capsule and choose a location to bury it in your yard.
<input type="checkbox"/> <input type="checkbox"/> 22 Pretend you are planning a dinner party for your community. There are 60 people each table can seat 8 people. How many tables should be set?	<input type="checkbox"/> <input type="checkbox"/> 23 Go through your photos and tell someone the story of that photo (beginning, middle, end, where it took place, who was there).	<input type="checkbox"/> <input type="checkbox"/> 24 Read to a sibling or other member of your family.	<input type="checkbox"/> <input type="checkbox"/> 25 Create a poster showing the different uses of magnets and how they benefit people. Be sure to include a catchy title and captions.	<input type="checkbox"/> <input type="checkbox"/> 26 Choose a book you have read. Reread it. Design a new book cover representing what the book is about.	<input type="checkbox"/> <input type="checkbox"/> 27 Read for 20 minutes without stopping.	<input type="checkbox"/> <input type="checkbox"/> 28 Measure and record the height of each member of your family.
<input type="checkbox"/> <input type="checkbox"/> 29 Find a family heirloom or a meaningful family object (picture, dish, piece of art, photo). Draw a picture of the object or describe it. Write about why it is special to you and your family.	<input type="checkbox"/> <input type="checkbox"/> 30 Go for a hike. Write a poem about your experience.	<input type="checkbox"/> <input type="checkbox"/> 31 Play a board game with friends or family.				

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LEARNING THROUGH PLAY



Summer Activities for Grade 3-5 FI

JULY & AUGUST 2022

**Check the box each time you complete an activity*

<input type="checkbox"/> <input type="checkbox"/> 1 Écoute/lis une histoire en utilisant le programme Je lis, je lis, SORA, Boukili etc.	<input type="checkbox"/> <input type="checkbox"/> 2 Choisis un nombre de départ et un nombre final. Compte en français par bonds de 1, 2, 3, 4, 5, 10, 100. Ton choix!	<input type="checkbox"/> <input type="checkbox"/> 3 Chante une de tes chansons préférées en français. Ton choix!	<input type="checkbox"/> <input type="checkbox"/> 4 Lis ou raconte une histoire à un membre de ta famille, un ami ou autre.	<input type="checkbox"/> <input type="checkbox"/> 5 Écoute une vidéo ou une émission en utilisant IDÉLLO/Mini-TFO.	<input type="checkbox"/> <input type="checkbox"/> 6 Choisis un sujet. Parle du sujet.	<input type="checkbox"/> <input type="checkbox"/> 7 Crée une petite pièce de théâtre en français en utilisant des marionnettes ou des animaux en peluche.
<input type="checkbox"/> <input type="checkbox"/> 8 Écris une liste de mots en français. Ton choix!	<input type="checkbox"/> <input type="checkbox"/> 9 Choisis un sujet (p. ex. : les animaux). Écris tous les mots que tu connais en français de ce sujet.	<input type="checkbox"/> <input type="checkbox"/> 10 Crée et partage un bulletin météo en français.	<input type="checkbox"/> <input type="checkbox"/> 11 Pense à ton dîner idéal. Décris ce que tu mangeras. Mon dîner idéal est... Je mangerai...	<input type="checkbox"/> <input type="checkbox"/> 12 Joue le jeu « Je vois avec mon petit œil... ».	<input type="checkbox"/> <input type="checkbox"/> 13 Compare 2 animaux, 2 nourritures, 2 objets.	<input type="checkbox"/> <input type="checkbox"/> 14 Choisis une photo ou une image. Crée des phrases au sujet de ce que tu vois.
<input type="checkbox"/> <input type="checkbox"/> 15 Téléphone à un ami de la classe ou un membre de la famille/un ami et participe à une petite conversation en français.	<input type="checkbox"/> <input type="checkbox"/> 16 Écoute une chanson en français et danse.	<input type="checkbox"/> <input type="checkbox"/> 17 Roule 2-3 dés et nomme les nombres en français.	<input type="checkbox"/> <input type="checkbox"/> 18 Fais une recette avec un membre de ta famille. Partage les mots /les étapes que tu sais en français.	<input type="checkbox"/> <input type="checkbox"/> 19 Fais un pique-nique et parle de la nourriture que vous mangez.	<input type="checkbox"/> <input type="checkbox"/> 20 Participe à un défi : fais 10 sauts, bondis 5 fois sur ton pied gauche, touche ton nez 20 fois, etc.	<input type="checkbox"/> <input type="checkbox"/> 21 Crée un jeu de société. Joue le jeu.
<input type="checkbox"/> <input type="checkbox"/> 22 Fais des activités sur le site de FLORA.	<input type="checkbox"/> <input type="checkbox"/> 23 Écoute un livre de STRUCTO ou APPRENONS LES SONS.	<input type="checkbox"/> <input type="checkbox"/> 24 Quelle saison est la plus amusante : le printemps, l'été, l'automne ou l'hiver. Pourquoi ? Je pense que _____ parce que_____.	<input type="checkbox"/> <input type="checkbox"/> 25 Partage ce que tu as fait hier, ce que tu fais aujourd'hui et ce que tu aimerais faire demain. Hier, j'ai..., Aujourd'hui, je vais..., Demain, je...	<input type="checkbox"/> <input type="checkbox"/> 26 Choisis 2 sports ou 2 activités. Lequel préfères-tu et pourquoi ? Je préfère... parce que...	<input type="checkbox"/> <input type="checkbox"/> 27 Lis une histoire. Raconte ce qui s'est passé dans l'histoire en utilisant : Premièrement, ensuite, finalement.	<input type="checkbox"/> <input type="checkbox"/> 28 Crée une petite histoire ou créer une affiche. Sujet de ton choix !
<input type="checkbox"/> <input type="checkbox"/> 29 Joue un jeu de cartes en français.	<input type="checkbox"/> <input type="checkbox"/> 30 Peinture une roche. Décris ton dessin.	<input type="checkbox"/> <input type="checkbox"/> 31 Saute à la corde en comptant en français.				

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LEARNING THROUGH PLAY



Summer Activities for Grade 3-5 FI

JULY & AUGUST 2022

**English Translation*

**Check the box each time you complete an activity*

<input type="checkbox"/> <input type="checkbox"/> 1 Listen to or read a story using the program Je lis, je lis or an alternative: SORA, Boukili, etc.	<input type="checkbox"/> <input type="checkbox"/> 2 Choose a starting number and a final number. Count in French by 1s, 2s, 3s, 4s, 5s, 10s, 100s. Your choice!	<input type="checkbox"/> <input type="checkbox"/> 3 Sing one of your favorite songs in French. Your choice!	<input type="checkbox"/> <input type="checkbox"/> 4 Read or share a story with a member of your family, a friend, or other.	<input type="checkbox"/> <input type="checkbox"/> 5 Listen to a video or a show on IDÉLLO/Mini-TFO.	<input type="checkbox"/> <input type="checkbox"/> 6 Choose a topic that you can speak about in French. Talk about that topic.	<input type="checkbox"/> <input type="checkbox"/> 7 Create a short theatre play in French using puppets or stuffed animals.
<input type="checkbox"/> <input type="checkbox"/> 8 Write a list of words you know in French. Your choice!	<input type="checkbox"/> <input type="checkbox"/> 9 Choose a theme (ex. animals). Write all the words you can think of in French associated to that theme.	<input type="checkbox"/> <input type="checkbox"/> 10 Create and share a short weather report in French.	<input type="checkbox"/> <input type="checkbox"/> 11 Think of your ideal lunch. Describe what you would be eating using the sentence starters: Mon dîner idéal est... Je mangerais...	<input type="checkbox"/> <input type="checkbox"/> 12 Play « I spy with my little eye... ».	<input type="checkbox"/> <input type="checkbox"/> 13 Compare 2 animals, 2 food items or 2 objects.	<input type="checkbox"/> <input type="checkbox"/> 14 Choose a picture or an image. Create sentences in French about what you see.
<input type="checkbox"/> <input type="checkbox"/> 15 Call a classmate, a family member/friend, with your parent's permission, and have a short conversation in French.	<input type="checkbox"/> <input type="checkbox"/> 16 Listen to a French song and dance.	<input type="checkbox"/> <input type="checkbox"/> 17 Roll 2 or 3 dice and practice naming the numbers in French.	<input type="checkbox"/> <input type="checkbox"/> 18 Complete a recipe with a member of your family and share the words/the steps you know in French.	<input type="checkbox"/> <input type="checkbox"/> 19 Go on a picnic and talk about the food you are eating in French.	<input type="checkbox"/> <input type="checkbox"/> 20 Participate in a challenge: 10 jumping jacks, hop on your left foot 5 times, touch your nose 20 times, etc.	<input type="checkbox"/> <input type="checkbox"/> 21 Create a game board with items you know in French and play the game.
<input type="checkbox"/> <input type="checkbox"/> 22 Complete one of the FLORA activities.	<input type="checkbox"/> <input type="checkbox"/> 23 Listen to one of the audio stories from the series STRUCTO or APPRENONS LES SONS.	<input type="checkbox"/> <input type="checkbox"/> 24 Which season is more fun: spring, summer, fall or winter? Explain your thinking using the sentence starter: Je pense que _____ parce que _____.	<input type="checkbox"/> <input type="checkbox"/> 25 Share what you did yesterday, what you are doing today and what you would like to do tomorrow using the sentence starters: Hier, j'ai..., Aujourd'hui, je vais..., Demain, je...	<input type="checkbox"/> <input type="checkbox"/> 26 Choose 2 sports or 2 activities. Which do you prefer and why using the sentence starter: Je préfère... parce que...	<input type="checkbox"/> <input type="checkbox"/> 27 Read a story. Summarize what happened in the story by using the words: First, next, finally.	<input type="checkbox"/> <input type="checkbox"/> 28 Write a short story or create a poster. Your choice of topic!
<input type="checkbox"/> <input type="checkbox"/> 29 Play a card game in French.	<input type="checkbox"/> <input type="checkbox"/> 30 Paint a rock. Describe your painting.	<input type="checkbox"/> <input type="checkbox"/> 31 Skip rope while counting in French.				

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LEARNING THROUGH PLAY



Summer Activities for Grades 6-8 FILA

JULY & AUGUST 2022

*These activities can be completed in English or French

Oral	Lecture	Écriture							
<p>Qu'en penses-tu?</p> <p>Choisis un sujet parmi la liste suivante, et formule ton opinion. N'oublie pas d'exprimer ton raisonnement et de soutenir ton opinion avec des faits.</p> <p>Fais un partage avec un(e) ami(e).</p> <table border="1" data-bbox="117 912 736 1076"> <tr> <td>Les pommes sont meilleures que les oranges.</td> <td>Les chats sont l'animal domestique supérieur.</td> <td>La technologie est un danger pour les étudiant(e)s.</td> </tr> <tr> <td>Les équipes sportives devraient toutes être mixtes.</td> <td>Le chocolat n'est pas délicieux.</td> <td>La ville capitale du Nouveau-Brunswick devrait être changée.</td> </tr> </table>	Les pommes sont meilleures que les oranges.	Les chats sont l'animal domestique supérieur.	La technologie est un danger pour les étudiant(e)s.	Les équipes sportives devraient toutes être mixtes.	Le chocolat n'est pas délicieux.	La ville capitale du Nouveau-Brunswick devrait être changée.	<p>Qu'en penses-tu?</p> <p>Lis l'article qui parle de la distanciation physique. Es-tu d'accord avec la manière dont la société réagit au virus COVID-19, surtout ici, au N.-B.? Pourquoi, ou pourquoi pas? Choisis deux (ou plus) des cinq questions à répondre. Tu peux faire cela à l'oral avec un(e) ami(e), ou dans un journal de réflexion.</p>	<p>Qu'en penses-tu?</p> <p>Prends le même sujet de la boîte à gauche, et écris ton opinion en forme de discours. Divise ton texte en paragraphes, inclus des arguments pour appuyer tes points, et tente de persuader ton audience. Partage ton discours écrit avec ton enseignant(e).</p>	<p><u>Suggestions for Reading and Viewing Online</u></p> <ul style="list-style-type: none"> • Epic! Online Books - 40 000 books online. Free subscription for 30 days. • AudioBookCloud - Classic literature, science fiction, contemporary blockbusters and more in audiobook format. (free online resource - NB Public Library) • E-books Kids - audio stories - great for Late FI students • Edu-Media Science Learning - Interactive resources for learning science (free online resource - NB Public Library) • Driver's Manual for NB (some students could get an early start - especially if they want to get a license for a scooter, challenge yourself by reading parts of it in French) • La Presse - French, Art and Culture. Enriched level of reading for those looking for a challenge • Cuisinons en famille - Combines French, Math, Health and wellbeing with some fabulous recipes to try • Infos-Jeunes - Chose an article that you find interesting and either listen to it or read it. Share your new knowledge with a family member or a friend
Les pommes sont meilleures que les oranges.	Les chats sont l'animal domestique supérieur.	La technologie est un danger pour les étudiant(e)s.							
Les équipes sportives devraient toutes être mixtes.	Le chocolat n'est pas délicieux.	La ville capitale du Nouveau-Brunswick devrait être changée.							
<p>20 Questions</p> <p>Avec un(e) ami(e), dresse une liste d'objets communs (ex. un sac à dos, un livre). Écris chaque objet sur une feuille séparée. Chaque personne pige un objet, et l'autre essaie de deviner ce que c'est en posant des questions. Attention, il y a un maximum de 20 questions qu'on peut poser par objet. Par la suite, changer de rôle.</p> <p>*Les questions doivent se poser en français! **Au besoin, il est permis d'offrir des indices.</p>	<p>Rapport de lecture</p> <p>Choisis un livre en français qui t'intéresse. Cela peut être un roman, une bande dessinée, ou un livre numérique. Installe-toi pendant 20-30 minutes et lis. Par la suite, réfléchis à ta lecture, et partage avec un(e) ami(e). Inclus tes sentiments, recommandations, etc.</p> <p>*Essaie cette activité avec un genre de livre qui est nouveau pour toi!</p>	<p>Bon appétit!</p> <p>Écris une recette en suivant la marche à suivre. En voici un exemple qui peut t'aider. N'oublie pas la liste d'ingrédients, les étapes, et une image du produit final! Tu peux partager une photo de ton</p>							
<p>Interview</p> <p>Choisis un(e) ami(e) avec qui tu peux avoir une conversation en français. Appelle-lui, soit par téléphone ou par vidéoconférence et parle-lui pendant 15 minutes.</p> <p>*Si tu veux, tu peux dresser une liste de questions à poser, ou des expressions pour t'aider à mener la conversation entièrement en français.</p> <p>**Tu peux inclure plusieurs personnes pour enrichir la discussion.</p>	<p>Roulette poétique!</p> <p>Choisis un poème au hasard avec cette roulette. Lis le poème qui sera généré, et essaie de visualiser l'image que le poète a créée. Réfléchis sur le message. Tu peux écrire tes pensées, ou tu peux les partager avec quelqu'un. Répète l'activité trois fois, donc pour trois poèmes différents.</p>	<p>Textez!</p> <p>Chaque jour pour une semaine (5 jours en total) garde un journal personnel. Tu peux inclure ce que tu fais, comment tu te sens, quelles activités t'intéressent, mais le tout se fait comme une série de textos. Imagine que tu écris à ton ami(e) ou un membre de ta famille, pour partager de tes nouvelles. Si tu veux, tu peux dessiner les boîtes, incluant les emojis **appropriés**</p>							





LEARNING THROUGH PLAY



Summer Activities for Grades 6-8 First Nations

JULY & AUGUST 2022

**These activities can be completed in English or French*

<u>Kahkahkuhs & Witapil</u>	<u>Wolastoqey Phrase of the Day</u>	<u>The Little People</u>	<u>Jujij by Brandon Mitchell</u>	<u>Wolastoqiyik Communities</u>
<u>Ohemək - Pets</u>	<u>Wolastoqey Terminology</u>	<u>Kehtaqs (The Cackling Ghost) Wolastoqiyik</u>	<u>Wolastoqey Phrase of the Day</u>	<u>Kiskahkil - Days of the Week</u>
<u>Moose and the Whale</u>	<u>Wolastoqey Phrase of the Day</u>	<u>Rebecca Thomas: I'm Finding My Talk</u>	<u>Blueberries</u>	<u>Wolastoq Song</u>

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LEARNING THROUGH PLAY



Summer Activities for Grades 6-8 Literacy

*These activities can be completed in English or French

JULY & AUGUST 2022

Read for at least 15 minutes per day. Your reading can include fiction, non-fiction, graphic novels/comics, e-books, audiobooks, online texts, and more!

Check out the [SORA library](#) for new titles.

Suggestions for Reading and Viewing Online

- [Epic! Online Books](#) - 40 000 books online. Free subscription for 30 days.
- [TeenBookCloud](#) - An online database of eBooks and educator resources, with a selection of graphic novels, enhanced novels, classic literature, National Geographic videos, and audiobooks. (free online resource - NB Public Library)
- [AudioBookCloud](#) - Classic literature, science fiction, contemporary blockbusters and more in audiobook format. (free online resource - NB Public Library)
- [Edu-Media Science Learning](#) - Interactive resources for learning science (free online resource - NB Public Library)
- [Modern World History](#)
- [FunBrain](#) - High interest books (but lots of ads to contend with)
- [The Kids Should See This!](#) - Interesting videos
- [Driver's Manual for NB](#) (grade 8 students could get an early start - especially if they want to get a license for a scooter)
- [Poetry Text Set](#) (with direct links to the poems)

Create a written journal, blog, or photo journal about your experiences.	Use your favourite form of social media, email, audio or video message, or a letter or postcard to send a message of gratitude or praise.	Explain something you know a lot about to someone who is unfamiliar with your topic.
Examine a play or screenplay and write your own play/ script for your family or others to perform.	Create a comic strip or political cartoon.	Write a letter to the editor or an op-ed essay.
Conduct research and write an article or essay.	Read like a writer and try out some of the moves you notice a writer using in your own writing.	Create a how-to video or guide.
Write and illustrate a book of poetry	Write a fictional story.	Write a review of a book, song, product, game, etc

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LEARNING THROUGH PLAY



Summer Activities for Grades 6-8 Phys. Ed.

**These activities can be completed in English or French*

JULY & AUGUST 2022

<p><u>Fitness</u> Choose 6 exercises, roll a dice and complete exercises that match that number. Complete 10 rolls 3 times. (Ex: Jumping Jacks, 5 push ups or 30 second plank, 5 squats or lunges, 30 seconds of mountain climbers etc.)</p>	<p><u>Skill Application</u> Using a sock or tinfoil, you and a parent will practice striking an object using your open hand. (like Badminton) Have a rally, play a game of keep it up. Remember you can't carry the ball!</p>	<p><u>Mindfulness</u> Stretching enhances your flexibility, strength and coordination. By yourself or with a partner create 6 stretches that you can use for a cool down.</p>	<p><u>Fitness</u> Go for a 30 min run/walk either on a road or trail or around your house. Run 4 mins then walk a minute till complete.</p>	<p><u>Skill Application</u> By yourself or with family members, throw 5 different objects overhand at targets. If you hit or land in a target you get the points you assigned to that one. Play 3 rounds and the winner creates a special throwing challenge for the other players.</p>
<p><u>Nutrition</u> Plan a meal that uses as many food groups as you can. Have a parent or guardian help you prepare.</p>	<p><u>Fitness</u> Do as many burpees as you can in 3 minutes OR Go for a walk with your family</p>	<p><u>Skill Application</u> Using tape or chalk and any object you can find create an obstacle course that allows you to practice balance, speed, levels, direction, pathways, body control.</p>	<p><u>Mindfulness</u> Lying on the floor with calm music playing, practice deep controlled breathing. In nose out mouth.</p>	<p><u>Fitness</u> Go for a walk/run/push ups/create your own game</p>
<p><u>Skill Application</u> Choose materials around your house. Limit your equipment to 3-5 items. Create a game that has an objective, rules, and directions. Feel free to record. Be sure your game is active!</p>	<p><u>Fitness</u> Select 6 fitness exercises and number them. Roll the dice, add it together with your age and then perform the exercise that matches the number rolled.</p>	<p><u>Nutrition</u> Read 10 different labels on food products in your house or online. Rank each (best to worst) based on sugar, fat and sodium content.</p>	<p><u>Skill Application</u> Outside toss an object (sock, ball, bean bag) up in the air to yourself to catch. Challenge you to: throw it high, how many in a row, toss and spin, create your own challenge. (T-Step-Throw)</p>	<p><u>Mindfulness</u> Get comfy and listen to your favourite music. Reflect on how it makes your body feel. Does your breath change? What different sounds can you hear that you may have missed before?</p>

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LEARNING THROUGH PLAY



Summer Activities for Grades 6-8 Mindfulness

**These activities can be completed in English or French*

JULY & AUGUST 2022

The Feeling Exercise

Collect several interesting objects such as feathers, putty, stones, or anything else that might be interesting to hold. Choose an object and hold it for a minute just noticing what it feels like in your hand. After the minute, describe to someone else how the object felt or write your thoughts down.

The Seeing Game

Spend one minute silently looking around a room in your house. Your goal is to find things in the room that you have never noticed. These could be large items like a picture or piece of art, or just small details like cracks in the ceiling or a unique pattern on the door. When the minute is up, share the most interesting you noticed with someone or write your observations down.

Ocean Breathing

Sit or lie down in a comfortable position. Slowly breath in through your nose, and then out through your pursed lips as if you are blowing through a straw. The slow and steady breathing will sound like the ocean waves, gently crashing on the shore. Repeat this activity for one to two minutes.

Build a Stress Ball

Gather the following items to build your own stress ball: balloons, flour, and a funnel. You may want to use two balloons and place one inside the other, so it has two layers. You are going to use the funnel to fill the balloon with flour and tie the balloon off, so the flour does not escape. Other filling options could include small beads or rice.

The Five Senses Exercise

Go outside on a nice day and lie silently in the grass. Begin to think about each of your five senses in turn (sight, smell, sound, taste, and touch). Spend one to two minutes on each of your senses focusing on how you would describe to someone else what you are experiencing or observing.

The Body Squeezing Exercise

Sit or lie down in a comfortable position and squeeze each of the muscles in your body one-by-one. You should hold each squeeze for about five seconds. As you release each squeeze pay attention to how it feels when you relax.

Muscle focus suggestions:

- Make fists and pretend you are trying to squeeze all the juice from an orange.
- Tense your legs by pretending you are standing on your tippy-toes, trying to look over a fence.
- Curl your toes tight like you are picking up a pencil with your feet.

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Excited. Involved. Prepared.



LEARNING THROUGH PLAY



Summer Activities for Grades 6-8 Numeracy

**These activities can be completed in English or French*

JULY & AUGUST 2022

<p><u>Go for a Walk</u></p> <p>Talk with your family. Walk for a kilometer. Predict and measure how long it would take to walk 3 kilometers.</p>	<p><u>Play a Board Game</u></p> <p>Choose any game you have that includes points, money, or strategic thinking. Reflect on the math involved in the game. What strategy did you use? How would your score change if you had made this move instead? What types of game decisions take the most time to decide on?</p>	<p><u>Multiplication War</u></p> <p>Each player has 2 dice. Players roll at the same time and multiply their numbers together. The player with the highest product wins that round. The one with the most tally marks after 20 rounds wins.</p>	<p><u>Plan a Garden Space</u></p> <p>Use estimation to consider how many plants might fit into the space. Work out accurate measurements and then compare.</p>	<p><u>Take-Out Night</u></p> <p>If your family sometimes orders take-out food, keep the take-out menus handy and calculate the amounts required and the total cost.</p>
<p><u>Bake Together</u></p> <p>Take your favorite recipe and bake it with a family member. Before baking plan to double the recipe and work out the increased measurements.</p>	<p><u>Plan an Event</u></p> <p>Plan a birthday party or other family event. Decide on the number of people you will be inviting. Calculate the amount of food and beverages needed and construct a budget for your event.</p>	<p><u>Paper Airplane</u></p> <p>Construct 3 different styles of plane and estimate the distant they will travel when thrown. Then fly each plane, measure the distance travelled and compare with your estimates.</p>	<p><u>Once Through the Deck</u></p> <p>Shuffle cards and make a pile face down. Decide what times family you are going to work on. Flip over one card at a time and multiply that card by the number you have decided to practice and say aloud only the answer. Continue through the deck.</p>	<p><u>Family Game Night</u></p> <p>Designate a night as Family Night. Play board games and other games that use dice, card games, dominoes, puzzles, etc.</p>
<p><u>Even/Odd</u></p> <p>Playing with a partner, one is Odd, the other is Even. Roll two dice. You can add, subtract, multiply or divide the two numbers, depending on which skill you want to practice. Players receive a point depending on whether the answer is even or odd.</p>	<p><u>How Close to 100</u></p> <p>Begin with a blank grid of 100 squares and two dice. The first player rolls and the numbers that come up are used to draw a square or rectangle of those dimensions on the grid. The game ends when there is no space left on the grid.</p>	<p><u>Household Chores</u></p> <p>Estimate the time it will take to clean a bedroom, the living room or the kitchen. Then do an accurate timing and compare it to your estimate</p>	<p><u>Estimate then Count</u></p> <p>Choose a section of the shelf or bookcase with items on it. They could be spices, canned foods and cereal boxes etc. Estimate the amount of the items on that shelf. Count the exact amount and compare it to the estimation.</p>	<p><u>Shopping Around</u></p> <p>Search online or in catalogues for an item you are interested in purchasing. Compare the prices to see which is the best deal. Calculate the percentage you are saving with the less expensive item.</p>

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Excited. Involved. Prepared.



LEARNING THROUGH PLAY



Summer Activities for Grades 6-8 Science

**These activities can be completed in English or French*

JULY & AUGUST 2022

<p>Practice making simple predictions at home and in nature and then collecting types of data. Think about how you could record and organize the information collected. Think about probability and chance.</p>	<p>Write a procedural piece about three ways to produce heat. This should be in paragraph form.</p>	<p>Select a current issue in the field of science and research the topic. Explain to a friend or family member what is taking place and why you thought it was interesting.</p>	<p><u>Suggestions for Reading and Viewing Online</u></p> <ul style="list-style-type: none"> • The Biology Corner - Electronic and Print Resources (6-12) • Astronomy Picture of the Day - Daily photo explained by an astronomer. (K-12) • Animal Tracking Identification Guide - Use this guide, go for a walk, what animals can you find? (K-12) • Project You Can Do With A (Virtual) Partner - Building challenge with Lego or simple materials (K-8) • Switch Zoo - Learn about animals and create your own. (K-8) • 12 Ways to Teach About Potential & Kinetic Energy! - 12 Engaging Hands-On Activities (K-12) • Walrus from Space - Become a WALRUS DETECTIVE, help count walrus from space and be a citizen scientist! (6-12) • Virtual Science Lab - Click on objects throughout the lab to explore! (K-8) • Amino Labs - Virtual Amino Lab (6-12) • Computer Science at Home (Code.org) - offers options that are engaging, easy-to-try ways to begin the exploration of computer science.
<p>Examine your surrounding for examples of cause and effect. These can be examples of things that happen naturally in the environment or are due to the actions of animals. Compile a list of the items you can observe around your home, yard, and neighbourhood.</p>	<p>Chose a task to explain to someone else. Write down the steps and procedures to complete the task and draw a diagram to go with it. Some ideas could include:</p> <ul style="list-style-type: none"> • Making a sandwich • Building a fort • Packing for a trip 	<p>Give an example of a "force" that we can observe on Earth. Design an experiment to demonstrate this force. (Ex. Gravity, drag, magnetism, applied, spring, or frictional)</p>	
<p>Design a comic strip with at least five sections that illustrates the relationship between a prey and predator in the same ecosystem.</p>	<p>Choose several common household items (pop, juice, vinegar, etc) to make old oxidized coins clean and shiny again. Predict (hypothesize) which will work best. After the experiment do some research to explain the results.</p>	<p>In the evening, observe the night sky with binoculars or just your eyes. Keep a log of what you see over the span of a week. Were you able to identify any constellations? Could you make out any satellites passing over head? What phase was the moon in each night? Could you identify any planets in our solar system?</p>	

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