

**Books and Internet Resources for Children and Youth**  
**A Handout for Parents and Teachers**

**Books**

*A Father to be Proud of* (Sheila Johnston) - Elementary School Level

[http://www.cfpsa.com/en/psp/dmfs/pdfs/AFatherProud\\_e.pdf](http://www.cfpsa.com/en/psp/dmfs/pdfs/AFatherProud_e.pdf)

*Daddy is a Soldier* (Kirsten Hallowell) - Elementary School Level

*Finding My Way: A Teen's Guide to Living with a Parent Who has Experienced Trauma* (Michelle D. Sherman) - Middle and High School Level

*Joey's Mom is Going Away* (Nathalie Connolly) - Elementary School Level

[http://www.cfpsa.com/en/psp/DMFS/images/Joey's Mom is Going Away\\_En\\_WEB.pdf](http://www.cfpsa.com/en/psp/DMFS/images/Joey's Mom is Going Away_En_WEB.pdf)

*Mommy Stayed in Bed this Morning* (Mary Wenger Weaver) - Elementary School Level

*My Dad is Going Away, but He will be Back One Day: A Deployment Story* (James Thomas & Melanie Thomas) - Elementary School Level

*My Mom is a Soldier* (Shawn Belisle and Donald V. Belisle) - Elementary School Level

*Ned and the General: A Lesson about Deployment* (Ron Madison) - Elementary School Level

*Sometimes My Mommy Gets Angry* (Bebe Moore Campbell) - Elementary School Level

*Student Deployment Journal* (Elizabeth Moar and Patt Devine) - Elementary and Middle School Level

[www.cfpsa.com/en/psp/DMFS/images/A%20SDJ\\_E\\_FINAL\\_WEB.pdf](http://www.cfpsa.com/en/psp/DMFS/images/A%20SDJ_E_FINAL_WEB.pdf)

*The Blue Day Book for Kids* (Bradley Trevor Greive) - All levels

*While You Are Away* (Eileen Spincelli) - Elementary School Level

*Why Are You So Sad?* (Beth Andrews) - Elementary School Level

## Useful Internet Resources and Links

<http://www.booksformilitarychildren.info/>

<http://www.deploymentkids.com>

- Website for children and youth. Information and resources for military kids during deployment.

<http://www.familyforce.ca/sites/Gagetown/EN/Pages/default.aspx>

- Gagetown Military Family Resource Centre
- Includes monthly calendar of events and information on programs offered for children and youth

<http://apps.mhf.dod.mil/pls/psgprod/f?p=MYOM:HOME:0>

- Military Youth on the Move - a website for children and youth (Elementary, Middle, and High school levels)

<http://Militaryfamilybooks.com>

<http://www.operationwearehere.com/ChildrenBooks.html>

- Deployment (or military separation) resources

<http://www.sesameworkshop.org/initiatives/emotion/tlc>

- A program for military families that builds on Sesame Workshop's four-decades-long experience of working with children and families
- All schools have a copy of the program kit

### Note:

- The MFRC has a lending library of books related to deployment and military life - 422-2000-3352
- The Oromocto Public Library houses several books for children and youth on the topic of military and deployment - 357-5161