



ASD-W

Anglophone School District West

POLICY NO. ASD-W-704-3C

Effective August 2017

FIRST AID

APPENDIX C – CONTENTS OF FIRST AID KITS

OCCUPATIONAL HEALTH AND SAFETY ACT - REGULATION 2004-130

SCHEDULE C

Contents of personal (Type P) first aid kit

- 10 sterile adhesive strip bandages individually wrapped (assorted sizes)
- 5 10 cm × 10 cm sterile gauze pads individually wrapped
- 1 10 cm × 10 cm sterile compress dressing with ties
- 5 antiseptic cleansing towelettes individually wrapped
- 1 triangular bandage, cotton
- 1 waterproof waste bag
- 1 pair of disposable gloves (latex or vinyl)

Contents of first aid kit:

- 1 standard first aid manual (English and French)
- 1 record book and pen or pencil
- 1 pair of stainless steel scissors (140 mm)
- 1 pair of tweezers
- 1 variety pack of safety pins
- 24 sterile adhesive strip bandages (size to be determined by nature and hazard of work)
- 12 sterile gauze pads (various sizes depending on the nature and hazard of work)
- 2 rolls of sterile gauze bandage (75 mm × 9 m)
- 2 rolls of elastic bandages (7.5 cm)
- 4 sterile compress dressings (100 mm × 100 mm)
- 6 triangular bandages (1 m)
- 2 rolls of adhesive tape (25 mm × 9 m)
- 4 burn dressings (various sizes depending on the nature and hazard of work)
- 6 abdominal dressings individually wrapped (20 cm × 25 cm)
- 12 antiseptic cleansing towelettes individually wrapped (14 cm × 19 cm)
- 6 individual packages of sugar



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- 1 container of antiseptic disinfectant for the skin (not iodine)
- 1 water soluble burn treatment (55 g tube or more)
- 6 pairs of disposable gloves (latex or vinyl)
- 1 face shield with a one-way valve (disposable)
- 1 package of cotton tipped applicators
- 12 hand wipes or 1 bottle of hand cleaner
- 1 shock blanket

Several puncture resistant plastic bags

N.B. This Regulation is consolidated to June 28, 2016.