



**FIRST AID AND CLEANING PRECAUTIONS
FOR DEALING WITH BLOOD AND BODILY FLUIDS**

Category: Health and Safety

Effective: August 2013

Policy Statement

Anglophone West School District has established procedures for the administration of emergency first aid and the cleaning of objects exposed to blood and other bodily fluids.

Procedures

1. In an emergency situation, preliminary first aid should be administered using the following universal precautions:
 - a. Disposable gloves should be worn when possible
 - b. Disposable materials should be used where possible.
 - c. The individual(s) providing the first aid should wash thoroughly as soon as possible after administering first aid. If blood is splashed in an eye, irrigate with water.
 - d. Disposable gloves and materials shall be disposed of in a plastic bag, secured with a twist tie, and placed in a regular garbage container.
 - e. Sharps shall be placed in a puncture-proof container.
2. Objects that are exposed to blood and other bodily fluids should be cleaned thoroughly.
 - a. Persons doing the cleaning should wear disposable gloves.
 - b. Disposable materials should be used where possible.
 - c. Objects should be washed thoroughly as soon as possible.
 - d. If a mop is used, it should be disposed of or washed thoroughly as soon as possible.
 - e. Objects may also be disinfected with a dilute solution of commercial bleach and water (e.g., one cup of bleach to nine cups of water).
 - f. Disposable gloves and materials shall be disposed of in a plastic bag, secured with a twist tie, and placed in a regular garbage container.

Reference

- Department of Education and Early Childhood Development [Policy 704: Health Support Services](#)